

PS 26 Patricia M. Noonan Family **Physical Education Week**

March 13, 2023 - March 17, 2023

The Special Education Department partnering with Patrica M. Noonan School would like to invite family members to Physical Education Week. Please join us and participate with your child during their scheduled Physical Education Class. Classroom Teachers will provide more information on your child's Physical Education day and time. We hope to see you there!

When the **whole family** is more physically active **together**, **everyone** benefits from helping to maintain a healthy weight, reducing stress, and lowering the risks of heart disease and other serious conditions.

As a community let's decrease these scary health risks together, and

STAY ACTIVE & PARTICIPATE!